

Desuggestopedia

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What is Desuggestopedia? Desuggestopedia is a way of teaching, especially useful for learning languages. It was made by a Bulgarian doctor and teacher named Georgi Lozanov. The word "Desuggest" means removing bad thoughts or fears. This method helps students stop thinking, "I can't learn," and start thinking, "I can do it!"

Key concept: This method helps students learn better by:

- Relaxing the mind
- Feeling positive
- Using music, pictures, and fun activities

Brief History

- Georgi Lozanov made this method in the late 1970s.
- He believed that people learn better when they are calm and happy.
- So, he used music, colors, and fun to help students remember more.

Goals or Objectives of Desuggestopedia

Remove Fear of Learning:

- Many students feel scared or nervous about learning.
- Desuggestopedia helps them feel confident and relaxed.
- It helps students believe: "Yes, I can learn!"

Improve Speaking Skills

- This method is very good for helping students speak the new language easily.
- They talk through games, songs, and fun activities.

Make Learning Fun and Stress-Free

- Learning should feel like play, not like hard work.
- Desuggestopedia creates a happy classroom where everyone feels good.

Use the Whole Mind

- It helps students use both the logical and creative sides of their brain.
- This way, they can learn more and remember better.

Build a Positive Relationship Between Teacher and Students

- The teacher acts as a kind guide, not a strict boss.
- Students feel safe, supported, and more willing to learn.

Key features / Key Elements

Colorful and Fun Classroom

- The classroom is bright and beautiful.
- There are posters, pictures, and decorations everywhere.
- It helps students feel happy and relaxed.

New Identity for Students

- Students get a new name and job for fun (like an actor).
- This helps students feel less shy and enjoy learning more.

Use of Music

- Classical or Baroque music plays in the background.
- Music helps the brain focus, relax, and remember better.

Use of Songs, Games, and Role-plays

- Students learn through songs, games, puzzles, and acting.
- It makes learning fun and interesting.

No Tests, No Homework

- There are no strict tests or assignments.
- Students learn in a natural and stress-free way.

Whole Brain Learning

- The method helps students use both the left and right sides of the brain.
- This helps in learning better and remembering more.

Focus on Speaking and Vocabulary

- Students speak a lot in the target language.
- They also learn many new words (vocabulary).

Techniques or Principles

Classroom Set-up

- Everything in the room is made to feel safe and positive.
- Bright colors, nice chairs, and posters help students feel calm.

Peripheral Learning

- Students also learn from the things around them (like posters or wall charts).
- They may not notice it, but their brain still takes in the information.

Baroque Music

- Music with a slow and steady rhythm is used.
- It helps create a calm mood and makes the brain more open to learning.

Presentation Stage

- The teacher helps students feel safe and ready to learn.
- Students feel that learning will be easy and fun.

First Concert (Active Concert)

- The teacher reads or tells the lesson dramatically with background music.
- Students listen and follow along.

Second Concert (Passive Review)

- Students relax while the teacher reads again softly with calm music.
- Students listen and take in the lesson quietly and naturally.

Practice (Creative Adaption)

- Students use games, puzzles, and other fun tasks to review what they learned.
- This helps them remember and use the language.

Teacher's Role

- The teacher is like a friendly guide and trustworthy leader.
- The teacher keeps the class happy and safe.

Student's Role

- Students are relaxed and follow the teacher easily.
- Students enjoy games, songs, and pretending to be someone new.

Advantages of Suggestopedia

- Students listen better to teachers they trust.
- They learn with both their mind and feelings.
- Posters, music, and games help them learn without pressure.
- Students become more confident and independent.

Disadvantages of Desuggestopedia

- Too many students in one class make it hard to use this method.
- Some people worry it uses hypnosis (which the creator says is not true).
- Some students don't like acting like children.

Even if Desuggestopedia isn't always used fully (like in Bangladesh), teachers can still use some parts of it, like music, games, and positive classroom ideas.

LxNotes