

What Do You Mean By Language Learning Strategies?

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What do you mean by language learning strategies?

Language learning strategies refer to specific techniques, actions, or behaviours. Learners use these strategies to make learning a new language more effective and efficient. These strategies help learners better understand, remember, and use the target language. Different learners use strategies based on their goals, learning styles, and language needs.

Types of Language Learning Strategies are given below:

Cognitive Strategies:

These involve direct interaction with the language. Learners use techniques like repeating words, summarizing information, or organizing new language material to make it easier to understand and remember.

Metacognitive Strategies: These strategies focus on planning, monitoring, and evaluating learning. Learners set goals, organize their study time, and assess their progress. For example, they check their understanding after completing a reading task or plan to study specific grammar topics.

Memory Strategies: These help store and recover information. Learners use visual aids, mnemonics, or grouping similar words to remember them better. Repetition and connecting new vocabulary with known concepts are also common memory strategies.

Social Strategies: These involve interaction with others to improve language skills. Examples are engaging in conversations, asking questions, or participating in group activities. Social strategies are key for practicing real-life communication.

Affective Strategies: These strategies deal with managing emotions, motivation, and anxiety. Learners might encourage themselves with positive thoughts, relax when feeling nervous, or set personal rewards for achieving study goals.

In short, Language learning strategies make the process more manageable and successful. Successful learners often combine different strategies to develop a balanced approach that works best for them. Understanding and applying these strategies are key to becoming a more

effective language learner.

Lx Notes