

Song of Myself Theme

Writer: Walt Whitman | Generated: Jan 26, 2026

Themes:

- **Self and Individuality:** The poem talks a lot about being yourself. Whitman celebrates who he is and says everyone should be proud of who they are. He believes everyone is special and unique.
- **Equality and Democracy:** The poem celebrates the idea that everyone is equal. Whitman talks about how every person, no matter who they are, is important. He loves the idea of democracy, where everyone has value.
- **Nature and Life's Cycle:** Whitman talks about nature a lot, like grass growing and dying. He shows how life and death are part of the same cycle, and that death isn't something to fear.
- **Body and Soul:** In the poem, Whitman says that the body and soul are equally important. He loves both physical things and spiritual things, showing that both make life complete.